



# Middle School Menu

## SY 23-24



MILK & FRESH FRUITS DAILY

<b>BREAKFAST</b>	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
	Bagel & Cream Cheese <b>OR</b> Low Sugar Cereal Cup	Bagel & Cream Cheese <b>OR</b> Cinnamon Pull-Apart Rolls	Bagel & Cream Cheese <b>OR</b> Homemade Granola Bar & String Cheese	Bagel & Cream Cheese <b>OR</b> Homemade Blueberry Muffin	Bagel & Cream Cheese <b>OR</b> Yogurt & Granola

<b>WEEK A</b>	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
	Hot Honey Sloppy Joe w/ Jonny Pop	Pulled Chicken Tinga & Cilantro Lime Rice	B(uild)YO Burger Bar, Fries	Raven Recipes	Pizza Palooza

<b>WEEK B</b>	<b>MON</b>	<b>TUE</b>	<b>WED</b>	<b>THU</b>	<b>FRI</b>
	Beef, Bean & Cheese Nacho Bar	Chicken Drumstick w/Homemade Cheddar Biscuit	B(uild)YO Pasta Bar, Garlic Toast	Raven Recipes	French Bread Cheese Pizza

<b>DAILY OPTIONS</b>	Turkey & Cheese Deli Sandwich	Southwest Bean & Cheese Wrap w/ Ranch Cup	Spring Salad	Hot Spicy or Regular Chicken Sandwich	Cheese Pizza
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MILK, FRESH FRUITS AND VEGETABLES DAILY